



Modern day living has many common influences that can have an impact on and affect your body's underlying wellness. These include foods eaten and nutrients absorbed, along with many common environmental influences at home and work. Collectively, these are known as epigenetics.

Scientists now understand that your genes are largely influenced by the environment; up to 98% in some cases. These eye-opening developments can take you down a different path where your genetic inheritance no longer controls you and instead you become empowered and in control of your own destiny.

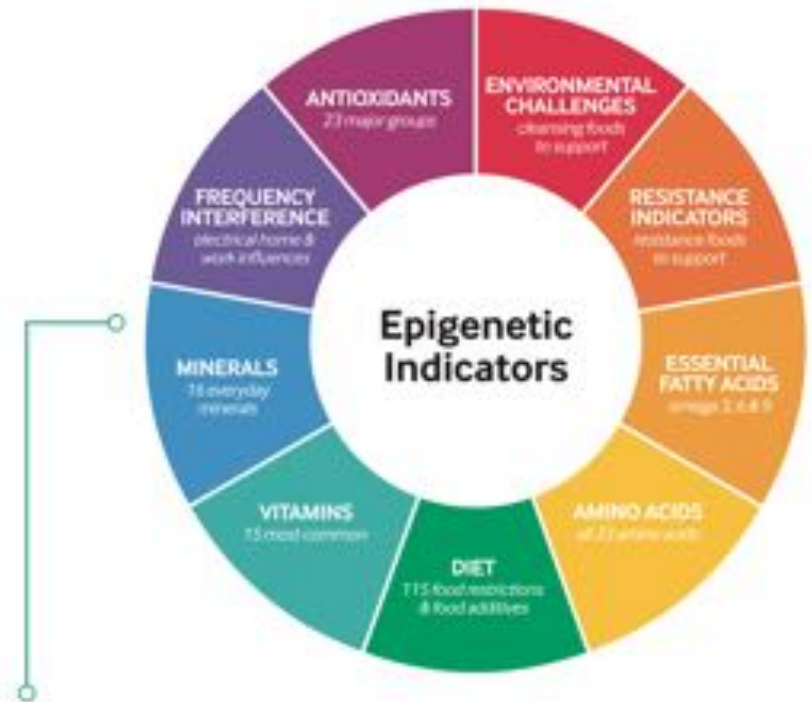
Now, personal epigenetic indicators can be mapped for you in less than 15 minutes with only four strands of hair, using the Cell Wellbeing Digital S-Drive system.

Hair is an amazing, almost indestructible, bio-marker that carries a lot of personal information at a quantum epigenetic level. Your hair samples are digitally processed and sent via a secure internet connection to our technology center in Hamburg, Germany. There, our powerful super-computer systems map the relevancy of the epigenetic information.

Over 800 key wellness indicators are mapped and used to create the charts and tables which make up the complete report and 90 day plan.

Epigenetic mapping has the potential to release you from your genetic limitations and opens up **new wellness possibilities.**

The Optimize Wellness Nutritional Report contains **epigenetic indicators** on these key influences:



Each indicator category and individual item are ranked by relevancy. This makes it easy to identify the priorities and follow the nutritional suggestions.

- Very High Relevancy – Priority
- High Relevancy – Advisory
- Moderate Relevancy – Consider
- Normal Relevancy – Normal

Your report includes:

- 9 Wellness categories, covering more than 800 individual influences.
- A list of food restrictions to leave-out for 90 days.
- A list of food additives to avoid and common additive information.
- A 90 day wellness plan, including nutrients, water and lifestyle factors.
- A list of foods to increase or add to your intake.
- Self-check sheets to help you keep track of progress.
- Supporting information on all categories.



It's your time to **achieve Optimal Wellness**



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